

A close-up, high-contrast photograph of a man's face in profile, focusing on the mouth and lips. The lighting is dramatic, highlighting the texture of the skin and the contours of the lips. The background is dark and out of focus.

**VITAL  
STATISTICS**  
MEN'S SEX SURVEY 2005

**Sigma Research has been carrying out community-based sex research for more than ten years. We are the UK's leading social research group specialising in the policy aspects of sexual health and HIV. Sigma Research is based in Vauxhall, South London and is affiliated to the University of Portsmouth.**

**VITAL STATISTICS 2005 is commissioned by The Terrence Higgins Trust as part of its Department of Health funded CHAPS Programme.**

**This booklet has been distributed by:**



This survey is about sex between men. It is **anonymous** – please do not write your name on this booklet. The questions are **frank** and **explicit**. Please answer honestly.

**VITAL STATISTICS** is a UK-wide survey happening throughout the summer of 2005. It is being distributed in this booklet form by health educators and gay organisations.

It is also possible to complete the survey online at [www.sigmasurvey.org.uk](http://www.sigmasurvey.org.uk).

**Please fill in this survey once only this summer and return it by the end of September 2005.**

**Thanks for your help.**



## ABOUT YOU

### 1 Which country do you currently live in? (tick one)

- England
- Wales
- Scotland
- Northern Ireland
- Elsewhere → This research is for men living in England, Wales, Scotland or Northern Ireland. If you are **not** currently living in one of these countries please do **not** complete this survey.

### 2 Which Local Authority do you live in?

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The local authority bills you for council tax. If you don't know your local authority, write in your **home postcode** or the city / town you live in.

### 3 In the last 12 months have you had sex with...? (tick one)

- No one
- Women only
- Both men and women → NOW GO TO QUESTION 5
- Men only → NOW GO TO QUESTION 5

### 4 Do you expect to have sex with a man in the future? (tick one)

- Yes → NOW GO TO QUESTION 5
- Not sure → NOW GO TO QUESTION 5
- No → This research is for men who have sex with men. If you have not had sex with a man in the last year and you do **not** expect to have sex with a man in the future please do **not** complete this survey.

**5 How many YEARS of full-time education have you had since the age of 16? (tick one)**

- None
- 1 year
- 2 years
- 3 to 5 years
- 6 or more years

**6 What is the gross income (before any deductions for Income Tax and National Insurance contributions) that you receive from all sources? (tick one)**

- Less than £5000 per year or less than £96 per week
- £5000 – £9999 per year or £96 – £192 per week
- £10000 – £14999 per year or £193 – £288 per week
- £15000 – £19999 per year or £289 – £385 per week
- £20000 – £24999 per year or £386 – £481 per week
- £25000 – £29999 per year or £482 – £577 per week
- £30000 – £34999 per year or £578 – £673 per week
- £35000 – £39999 per year or £674 – £769 per week
- £40000 or more per year or £770 or more per week

**7 What religion do you currently practice? (tick one)**

- I do not currently practice a religion
- Judaism
- Christianity
- Islam
- Buddhism
- Paganism
- Other – **say what** \_\_\_\_\_



8 How old are you?  years

9 What is your ethnic group? (tick one)

White

- British
- Irish
- Any other White background

**say what** \_\_\_\_\_

Mixed

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed background

**say what** \_\_\_\_\_

Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background

**say what** \_\_\_\_\_

Black or Black British

- Caribbean
- African
- Any other Black background

**say what** \_\_\_\_\_

Other ethnic groups

- Chinese
- Any other ethnic group

**say what** \_\_\_\_\_

**10 Compared to other men your age, do you consider yourself to be... (tick one)**

- Much more attractive than average
- Somewhat more attractive than average
- About average attractiveness
- Somewhat less attractive than average
- Much less attractive than average

**11 Do you currently have one (or more) regular MALE sexual partner(s)?**

- No → NOW GO TO QUESTION 13
- Yes

**12 Do you have a regular male sexual partner who has a different HIV status to yourself (where one of you has HIV and the other does not)? (tick one)**

- No
- Yes
- Don't know

**13 Do you currently have one (or more) regular FEMALE sexual partner(s)?**

- No
- Yes



## ABOUT HIV TESTING...

### 14 Have you ever received an HIV test result?

- No → NOW GO TO QUESTION 16  
 Yes

### 15 What was your most recent test result?

- Negative → **Was your most recent negative result in the last year?**  
 No                       Yes
- Positive → **When were you first diagnosed with HIV?**  
\_\_\_\_\_ month \_\_\_\_\_ year

## ABOUT THE DRUGS YOU'VE USED...

### 16 Do you smoke tobacco at all nowadays? (tick as many as apply)

- No, not at all  
 Cigars  
 A pipe  
 In joints  
 Cigarettes → **How many per day on average?**  
 less than 10  
 10 or more

**17 In the LAST YEAR how often (on average) have you used each of the following drugs? (put one tick on each line)**

	<i>Once a week or more</i>	<i>Once or twice a month</i>	<i>Less than once a month</i>	<i>Not at all</i>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Marijuana / cannabis / grass	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ecstasy / E	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LSD / acid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speed / amphetamine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crystal methamphetamine / tina	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cocaine / coke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crack cocaine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ketamine / K	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GHB	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heroin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poppers / amyl nitrate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Viagra / Cialis / Kamagra / Leveitra	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tranquillisers / benzodiazepines / Bennys	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other(s) – <b>say what</b> _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



**18 Tick a box to show whether you agree or disagree with the following:**

- *“I would like to stop smoking tobacco”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

- *“I sometimes worry about how much I drink”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

- *“I sometimes worry about my recreational drug use”*

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

## ABOUT THE SEX YOU'VE HAD IN THE LAST 12 MONTHS...

**19 In total, how many MEN have you had sex with in the last 12 months?** (tick one)

- None
- One
- 2, 3 or 4
- 5 to 12
- 13 to 29
- 30 or more

**20 In the last 12 months, have you had sex with a man...**  
(tick as many as apply)

- who you knew at the time was HIV POSITIVE?
- who you knew at the time was HIV NEGATIVE?
- whose HIV status you DID NOT KNOW at the time?

**21 In total, how many WOMEN have you had sex with in the last 12 months?** (tick one)

- None
- One
- 2, 3 or 4
- 5 to 12
- 13 to 29
- 30 or more



## FUCKING AND WEARING CONDOMS

**22 Still thinking about the last 12 months, have you fucked a man (been active in anal intercourse)?**

- No → NOW GO TO QUESTION 26  
 Yes

**23 How often have you worn a condom when you fucked a man?**

- Never → NOW GO TO QUESTION 26  
 Sometimes  
 Always

**24 Have any of the condoms YOU'VE worn SPLIT or COME OFF while you were fucking a man?**

- No  
 Yes

**25 All of the following contribute to condoms tearing or slipping. Which have you done in the last 12 months?**

(tick as many as apply)

- Unrolling the condom before putting it on your cock
- Not using any lubricant
- Using saliva as a lubricant
- Putting lubricant inside the condom before putting it on
- Not using lots of water-based lubricant on the outside of the condom
- Using a condom that's too short for your cock
- Fucking for over half an hour without changing the condom
- None of the above

**26 Just to check, have you fucked a MAN (been active) WITHOUT a condom in the last 12 months?**

- No → NOW GO TO QUESTION 28
- Yes

**27 Have you fucked a man (been active) without a condom...**

(tick as many as apply)

- who you knew at the time was HIV POSITIVE?
- who you knew at the time was HIV NEGATIVE?
- whose HIV status you DID NOT KNOW at the time?



## GETTING FUCKED

**28 Still thinking about the last 12 months, have you been fucked by a man (been passive in anal intercourse)?**

- No → NOW GO TO QUESTION 30  
 Yes

**29 How often have you used condoms when being fucked?**

- Never  
 Sometimes  
 Always

**30 Just to check, have you been fucked by a man (been passive) WITHOUT a condom in the last 12 months?**

- No → NOW GO TO QUESTION 32  
 Yes

**31 Have you been fucked without a condom by a man...**

(tick as many as apply)

- who you knew at the time was HIV POSITIVE?  
 who you knew at the time was HIV NEGATIVE?  
 whose HIV status you DID NOT KNOW at the time?

FUCKING WITHOUT CONDOMS WITH SOMEONE OF A DIFFERENT HIV STATUS TO YOURSELF IS THE MOST COMMON WAY IN WHICH HIV IS TRANSMITTED IN BRITAIN. TO LEARN MORE ABOUT HIV TRANSMISSION AND SAFER SEX TRY [www.chapsonline.org.uk](http://www.chapsonline.org.uk)

## ABOUT POST EXPOSURE PROPHYLAXIS (PEP)...

PEP is a one month course of anti-HIV drugs. It attempts to stop HIV infection taking place after a person is exposed to the virus. It should be started as soon as possible after exposure and definitely within three days. In some UK hospitals PEP is available for those exposed to HIV through sex. In those hospitals whether you get PEP will depend on the likelihood that you have been exposed to HIV and your ability to cope with the side effects.

### 32 Have you heard of Post Exposure Prophylaxis (PEP)?

- No → NOW GO TO QUESTION 36  
 Yes

### 33 Have you ever tried to get PEP?

- No       Yes

### 34 Have you ever taken PEP?

- No       Yes

### 35 Do you know anyone who has received PEP?

- No       Yes

### 36 MEN DIAGNOSED WITH HIV PLEASE GO TO QUESTION 37

**If you thought you had been exposed to HIV would you consider trying to get PEP?**

- No  
 Yes  
 Maybe

IF YOU WOULD LIKE TO KNOW MORE ABOUT PEP  
TRY [www.pep.chapsonline.org.uk](http://www.pep.chapsonline.org.uk)



## ABOUT GOING TO A SEXUAL HEALTH CLINIC...

**37 When was the MOST RECENT occasion you went to a sexual health clinic / GUM clinic / HIV clinic? (tick one)**

- I've never been to a clinic → NOW GO TO QUESTION 42
- More than five years ago
- More than a year ago
- Within the last year but not in the last month
- Within the last month

**38 On that most recent visit which of the following services did you get? (tick as many as apply)**

- A check-up
- An HIV test
- Examination of symptoms / problem looked at
- Monitoring / treatment for HIV infection
- Treatment for something other than HIV
- Information
- Counselling, or someone to talk to
- Free condoms and lubricant
- Vaccinations against Hepatitis B
- PEP (Post-exposure prophylaxis for HIV)
- Other – **say what** \_\_\_\_\_

**39 On that most recent visit, were you offered an HIV test?**

- No
- Yes
- I had already been diagnosed with HIV

**40 Thinking about that visit, indicate whether you disagree or agree with the following statements: (tick one each)**

- *“I was seen within a reasonable time”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“I felt able to talk about the risks involved in the sex I’d had”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“The staff listened carefully to what I said”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“I was treated with courtesy and respect”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“The staff seemed to know their job well”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

- *“I'd recommend that clinic to other Gay men”*

- strongly agree
- agree
- not sure
- disagree
- strongly disagree

**41 Which clinic had you been to on that occasion?**

(Please write the clinic name and town / area it's in)

Clinic name \_\_\_\_\_

Town/area \_\_\_\_\_

TO FIND YOUR LOCAL SEXUAL HEALTH CLINIC TRY

[www.playingsafely.co.uk](http://www.playingsafely.co.uk)

## ABOUT YOUR EXPERIENCE OF HOMOPHOBIC (ANTI-GAY) ASSAULT OR ABUSE...

**42 In the LAST YEAR, have you been physically attacked or assaulted because of your sexuality?**

- No → NOW GO TO QUESTION 46  
 Yes

**43 The last time this happened, did you report it to the Police?**

- No → NOW GO TO QUESTION 45  
 Yes

**44 Did you tell the police that it was a homophobic (anti-gay) attack?**

- No  
 Yes → NOW GO TO QUESTION 46

**45 Why did you not report the incident to the police as a homophobic (anti-gay) attack? (tick all that apply)**

- I did not think that the police would take me seriously  
 I did not think that there was anything the police could do  
 The police are homophobic  
 I am not / was not out at the time  
 I did not feel it was serious enough to bother with  
 Other reason – **say what** \_\_\_\_\_



**46 In the LAST YEAR, have you been verbally abused because of your sexuality?**

- No → NOW GO TO QUESTION 50  
 Yes

**47 The last time this happened, did you report it to the Police?**

- No → NOW GO TO QUESTION 49  
 Yes

**48 Did you tell the police that it was homophobic (anti-gay) verbal abuse?**

- No  
 Yes → NOW GO TO QUESTION 50

**49 Why did you not report the incident to the police as homophobic (anti-gay) abuse? (tick all that apply)**

- I did not think that the police would take me seriously  
 I did not think that there was anything the police could do  
 The police are homophobic  
 I am not / was not out at the time  
 I did not feel it was serious enough to bother with  
 Other reason – **say what** \_\_\_\_\_

ALL POLICE FORCES IN BRITAIN HAVE COMMITTED TO TAKING HOMOPHOBIC CRIME SERIOUSLY. YOU CAN FIND HELP WITH REPORTING TO THE POLICE AT [www.report-it.org.uk](http://www.report-it.org.uk)

## AND FINALLY...

**50 Which of the following national and local publications do you read or look at regularly?** (tick all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Attitude                | <input type="checkbox"/> Metro           |
| <input type="checkbox"/> AXM                     | <input type="checkbox"/> NOW UK          |
| <input type="checkbox"/> Bent                    | <input type="checkbox"/> Out North West  |
| <input type="checkbox"/> Boyz                    | <input type="checkbox"/> The Pink Paper  |
| <input type="checkbox"/> DIVA                    | <input type="checkbox"/> Positive Nation |
| <input type="checkbox"/> Drum                    | <input type="checkbox"/> Queeri          |
| <input type="checkbox"/> F:S                     | <input type="checkbox"/> QX              |
| <input type="checkbox"/> Fyne Times              | <input type="checkbox"/> Refresh         |
| <input type="checkbox"/> Gay Times               | <input type="checkbox"/> Scotsgay        |
| <input type="checkbox"/> GCN                     | <input type="checkbox"/> SHOUT           |
| <input type="checkbox"/> G:Scene                 | <input type="checkbox"/> 3SIXTY          |
| <input type="checkbox"/> LB Plus                 | <input type="checkbox"/> Time Out        |
| <input type="checkbox"/> London Evening Standard | <input type="checkbox"/> The Voice       |
| <input type="checkbox"/> Man Zone                | <input type="checkbox"/> Zone            |

**51 Do you have a gay.com profile?**

- No
- Yes, but I do not currently use it
- Yes, currently in use
- Don't know

**52 Do you have a gaydar profile?**

- No
- Yes, but I do not currently use it
- Yes, currently in use
- Don't know



**53 Have you filled in this survey already this summer?**

- No  
 Yes

*Thanks very much for taking part  
Please remember to seal and post this booklet*

The results of this survey will be available next summer at [www.sigmaresearch.org.uk](http://www.sigmaresearch.org.uk) where you can also find the results from previous surveys.

**Do you have any comments or suggestions about this survey?**